

UH Mānoa Student Support Services

Center	Type of Support Offered	Contact information
Advocacy Office	Confidential assistance and advocacy for civil rights, gender discrimination, and gender-based violence.	QLCSS Rm 210 Civil Rights specialist, contact: 956-4431, jln@hawaii.edu Gender Equity specialist, contact: 956-9499, geneq@hawaii.edu
Bridge to Hope	Assistance with on-campus employment and support for welfare recipients.	QLCSS Rm 211, contact: 956-8059, bthinfo@hawaii.edu Website: http://www.hawaii.edu/bridgetohope/
Campus Escort Service	Transportation for anyone walking alone on campus at night to any location within the university.	Phone: 956-SAFE (7233)
Career Center	Career counseling, resume, CV & cover letter writing, grad school application, career planning, interviews.	QLCSS Rm 212, contact: 956-7007, careers@hawaii.edu Website: http://manoa.hawaii.edu/careercenter/
Children's Center	On-campus child care for a limited number of two- to five-year-old children of students, faculty, and staff.	QLCSS Rm 407, contact: 956-7963, uhmcc@hawaii.edu Website: http://www.hawaii.edu/childrenscenter/
Counseling & Student Development Center	Confidential counseling services: individual, group, career, psychiatric, and crisis intervention.	QLCSS Rm 312, contact: 956-7927 Website: http://manoa.hawaii.edu/counseling/
KOKUA Program (students with disabilities)	Support, advocacy, and access to services for students with medically documented disabilities.	QLCSS Rm 013, contact: 956-8093, kokua@hawaii.edu Website: http://www.hawaii.edu/kokua/
Kua'ana Native Hawaiian Student Development Services	Scholarship awards and peer support for Native Hawaiian students.	QLCSS Rm 406, contact: 956-2644, kuumeaa@hawaii.edu Website: http://hawaii.edu/kuaana/
LGBTI Student Services	Confidential support, safe environmental space for hanging out, educational materials, and crisis response.	QLCSS Rm 211, contact: 956-9250, lgbtq@hawaii.edu Website: https://manoa.hawaii.edu/lgbt/
PAU Violence Against Women Program	Confidential crisis support for survivors of sexual abuse & relationship violence.	QLCSS Rm 211, contact: 956-8059, pauvaw@hawaii.edu Website: http://manoa.hawaii.edu/pauviolence/
Student Parents at Mānoa (SP@M)	Support, encouragement, advocacy and mentoring for student parents.	QLCSS Rm 211, contact: 956-8059, gotkids@hawaii.edu Website: http://manoa.hawaii.edu/studentparents/
Title IX	To report sex discrimination, gender-based violence, or retaliation.	Hawai'i Hall 124, contact: 956-2299, t9uhm@hawaii.edu Website: http://manoa.hawaii.edu/genderequity/titleix/
University Health Services	Confidential health services, including: vaccinations, clinical services, nutritional services, medical treatment.	1710 East West Road, phone: 956-8965 Website: http://www.hawaii.edu/shs/
Veterans Affairs	Assists military veterans and their dependents who are eligible for Montgomery GI Bill benefits.	QLCSS Rm 010, contact: 956-7737, uhmva@hawaii.edu
Women's Center	Personal and academic support for women and LGBT+ students.	QLCSS Rm 211, contact: 956-8059, uhmwomen@hawaii.edu Website: http://www.hawaii.edu/womenscenter/

Off Campus Support Services

Center	Type of Support Offered	Contact information
Food & Shelter		
Aloha United Way	Confidential hotline for anyone in need (public assistance, shelter, food, utility payment assistance).	Phone: Dial 2-1-1 Web: http://www.auw.org/
DHS: Shelter Resources	Online resource directory listing various homeless shelters and temporary housing.	Web: http://humanservices.hawaii.gov/bessd/home/hp/homeless-services-agencies-directory/
Institute for Human Services	Emergency shelter (accepts adult men and women, and also families with children).	Phone: 447-2824 Address: 546 Kaaahi Street Web: https://ihshawaii.org/
Supplemental Nutrition Assistance Program (SNAP)	Food stamp program. Provides food and nutritional support to qualifying low-income households.	Phone: 577-5297 or 586-8047 or 832-3800 or 675-0052 Web: http://humanservices.hawaii.gov/bessd/snap/
Medical & Health		
Island Urgent Care Clinic	<i>Non life-threatening emergency or urgent healthcare need.</i> Open 7 days a week, no appointment necessary.	Waikiki: 735-0007 Address: 449 Kapahulu Ave Suite 104 Kahala: 735-0007 Address: 4218 Waialae Ave. A106
Medicaid (Health Insurance)	Free health insurance for low-income individuals and families.	Phone: 586-5390 Web: http://www.med-quest.us/
Planned Parenthood	Reproductive education and healthcare services.	Phone: 589-1149 Address: 1350 S. King Street, Suite 310
Queen Emma Clinics	Health services for low-income individuals. Medicare, Medicaid, and no insurance (for a small fee).	Phone: 691-4970 Address: 1301 Punchbowl Street Website: http://queensmedicalcenter.org/queen-emma-clinics
Kapi'olani Medical Center	Maternity, Women's and Pediatric hospital.	Phone: 983-6000 Address: 1319 Punahou Street
Queens Medical Center	The largest private non-profit hospital in Honolulu. <i>Has specialty ER unit for urgent, life-threatening emergency.</i>	Physician referral: 691-7117 Address: 1301 Punchbowl Street Website: http://queensmedicalcenter.org/
UH Dental Hygiene Clinic	Low cost dental services by UHM dental hygiene students in a teaching facility to qualifying individuals.	Phone: 956-8229 Website: http://www.nursing.hawaii.edu/dentalhygiene/dhclinic
Emergency Services		
Emergency Services	24/7 Police, Ambulance, Fire & Rescue.	Phone: dial 911
Suicide and Crisis Hotline	24/7 free and confidential support.	Phone: 832-3100 (local) or 1-800-273-8255 (national)
Adult Protective Services	Hotline for reporting elderly abuse.	Phone: 832-5115
Child Protective Services	Hotline for reporting child abuse.	Phone: 832-5300
Domestic Violence Action Center	Advocacy and help for survivors of domestic violence. Services provided for immigrant and ethnic communities, cis, trans, non-conforming and non-binary survivors.	Phone: 531-3771 E-mail: dvac@stoptheviolence.org Web: http://www.domesticviolenceactioncenter.org/